

## EMOTIONAL CPR (eCPR) - SPANISH

**DATE & TIME:** April 12 & 13, 2016

**9:00 AM – 5:00 PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** California Community Foundation  
Joan Palevsky Center  
281 S. Figueroa St., Suite 100  
Los Angeles, CA 90012

**PARKING:** Please see attached parking information.

The purpose of the training is to teach people to assist others through an emotional crisis by practicing steps that will allow effectively to connect, empower and revitalize mental health consumers experiencing an emotional crisis. **PLEASE NOTE: TRAINING TO BE CONDUCTED IN SPANISH.**

**TARGET AUDIENCE:** Spanish Speaking Peer Advocates, Community Workers, Consumers, Families/Friends of Consumers, Community

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Utilize eCPR (Connect, empower and Revitalize) techniques in diverse environments.
2. Identify the foundation and values of eCPR and how it differs from the conventional approach.
3. Identify ways to assist individuals experiencing an emotional crisis.

**CONDUCTED BY:** Daniel B. Fisher, MD, Ph.D., Executive Director of the National Empowerment Center  
Maria Ostheimer, Emotional CPR Trainer, California Coordinator  
Arthur Gomez, Edwin Pouzeaud, Emotional CPR Facilitator

**COORDINATED BY:** Su Jung Kim, LCSW Training Coordinator  
Email: [sjkim@dmh.lacounty.gov](mailto:sjkim@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING EDUCATION:** NONE

**COST** NONE

DMH Employees register at:  
<http://learningnet.lacounty.gov>

☒ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



County of Los Angeles Department of Mental Health  
**NON-DMH STAFF TRAINING APPLICATION FORM**



**Please Print or Type**

**Instructions**

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

*This form is not to be used for LPS Designation Training. The LPS Application is available at [lacdmh.lacounty.gov/training&workforce.html](http://lacdmh.lacounty.gov/training&workforce.html).*

Training Title

**EMOTIONAL CPR (eCPR) -SPANISH**

Date(s): **April 12 & 13, 2016**

Training Coordinator: **Su Jung Kim, LCSW**

County Employee Number

*(non-county employees supply the last four digits of the SSN)*

Name

Program, Service or  
Agency

Job Title

Address

City

Zip Code

Telephone

Email

**License or Credential Number(s)** (complete as many as applicable) –**No CEUs for this course**

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be  
processed if not signed by supervisor)

For processing, please return Application to:

**Su J Kim, LCSW**

695 S. Vermont Ave., 15th Floor  
Los Angeles, CA 90005

**Phone:** (213)251-6422

**Fax:** (213) 252- 8776

**Email:** [sjkim@dmh.lacounty.gov](mailto:sjkim@dmh.lacounty.gov)

(When faxing, there is no need to use a cover sheet)

Print Supervisor Name

Supervisor's Signature



**California Community Foundation**  
***Joan Palevsky Center for the Future of Los Angeles***  
**201 - 281 S. Figueroa Street, Los Angeles 90012**

**Location**

CCF's new Palevsky Center is located in the Figueroa Courtyard, a low-rise building complex on South Figueroa St. between 2nd and 3rd Streets in downtown Los Angeles. The Palevsky Center is on the first floor of building 281, near to the outdoor fountain.

**Driving Directions**

**From the 110 Harbor Freeway South:** Exit on 9th Street towards Downtown, and turn left onto S. Figueroa St., heading north. Stay in the middle lanes. The Figueroa Courtyard is on the left between 3<sup>rd</sup> and 2<sup>nd</sup> Streets, with the main entrance in the middle of the block. Drive in and pass the fountain into the parking structure. Bring your parking ticket to the Palevsky Center for a validation.

**From the 110 Harbor Freeway North:** Exit on 3rd St. and make an immediate right onto Beaudry, make the first right at the traffic signal at 2nd St., and then right on S. Figueroa St. The Figueroa Courtyard is on the right, and the main entrance is in the middle of the block. Drive in and pass the fountain into the parking structure. Bring your parking ticket to the Palevsky Center for a validation.

**From the 101 Hollywood Freeway South:** Connect to 110 South and take first exit, 3<sup>rd</sup> Street. Make an immediate right onto Beaudry, then the first right at the traffic signal at 2nd St., and turn right on S. Figueroa St. The Figueroa Courtyard is on the right, and the main entrance is in the middle of the block. Drive in and pass the fountain into the parking structure. Bring your parking ticket to the Palevsky Center for a validation.

From the parking structure, walk out to the courtyard. Across from the fountain is the 281 building. Follow the walkway to the front doors.

**Parking**

Parking is available in and around the Figueroa Courtyard. CCF visitors and meeting attendees who park in the Figueroa Courtyard structure may have their parking tickets validated in the Palevsky Center to pay a reduced fee (\$14.00, cash or credit card) upon exiting the parking structure.

Non-validated parking is available across the street at the World Trade Center. Parking garage entrances are located on Figueroa and Flower between 3<sup>rd</sup> and 4<sup>th</sup> Streets. Cars entering before 10:00 am pay a flat \$8.00 rate.

All-day parking for \$6.50 is available in an open parking lot at the corner of 2<sup>nd</sup> and Beaudry Streets, one block west of the Figueroa Courtyard. Metered street parking for up to four (4) hours is available on 2nd Street, west of Figueroa.

**Public Transportation**

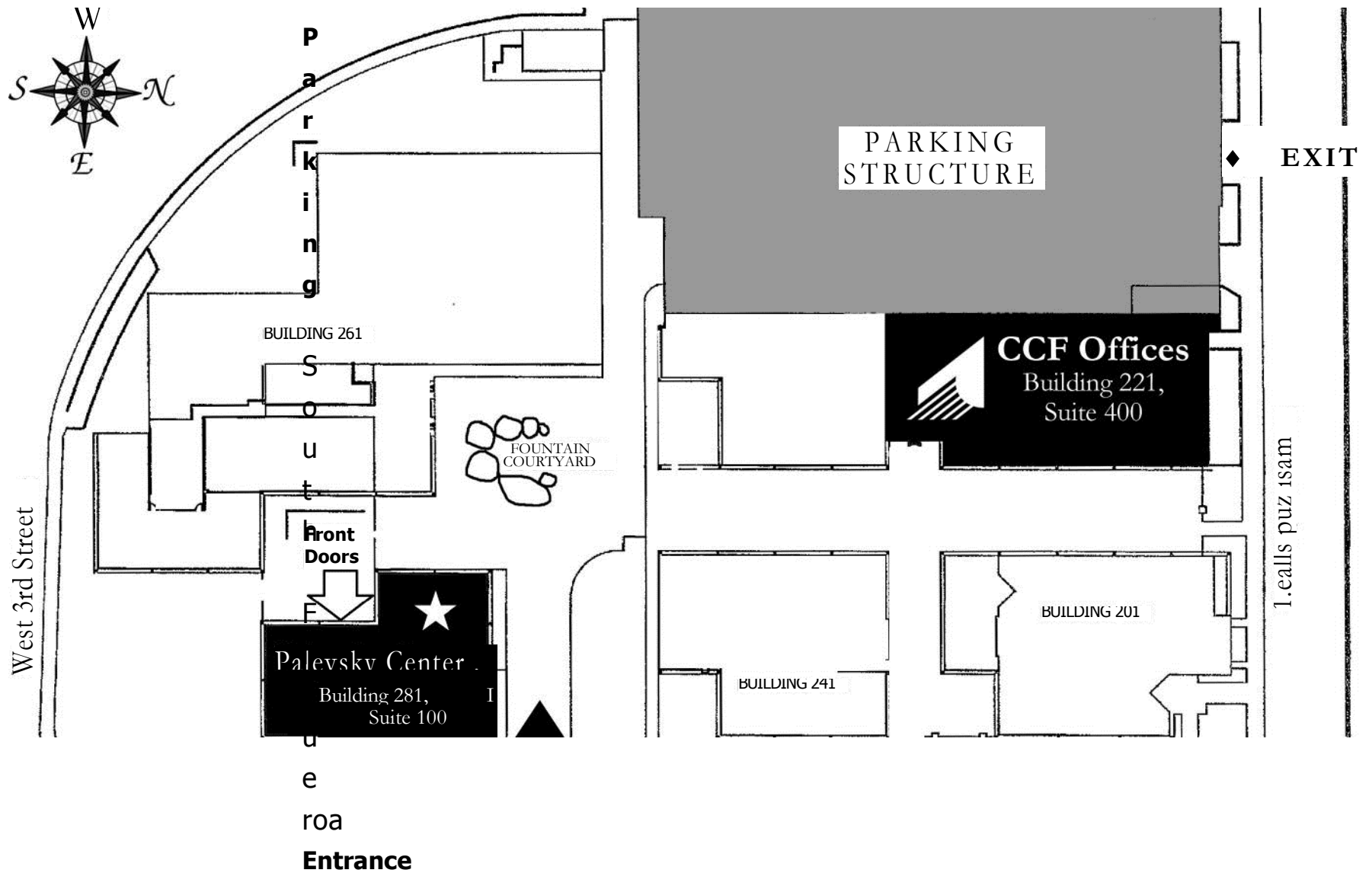
***LADOT***

The Palevsky Center in the Figueroa Courtyard is easily accessible by the DASH Bus "A" line. Heading north on Figueroa off at 3rd Street and cross the street. Heading south get off at 2nd Street and walk one block south to the main entrance.

***METRO***

The complex is five blocks from the 7<sup>th</sup> Street and Figueroa Metro Center station. Exit the station and walk north on Figueroa to the main entrance, or pick up the "A" DASH bus.

**If you get lost, please call the main CCF office number: 213.413.4130.**



CALIFORNIA  
COMMUNITY  
FOUNDATION

Joan Palevsky Center  
for the Future  
of Los Angeles